

# Scientific References

1) Inhibition of Streptococcus mutans Biofilm Formation and Virulence by Lactobacillus plantarum K41 Isolated From Traditional Sichuan Pickles

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7203412/>

2) Lactobacillus plantarum Disrupts S. mutans–C. albicans Cross-Kingdom Biofilms

<https://www.frontiersin.org/journals/cellular-and-infection-microbiology/articles/10.3389/fcimb.2022.872012/full>

3) Effect of Long-Term Consumption of Lactobacillus paracasei SD1 on Reducing Mutans streptococci and Caries Risk: A Randomized Placebo-Controlled Trial

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5851198/>

4) Inhibitory effect of Lactobacillus paracasei subsp. paracasei NTU 101 on rat dental caries

<https://www.sciencedirect.com/science/article/abs/pii/S175646461400214X>

5) Probiotics, Prebiotics, Synbiotics and Dental Caries. New Perspectives, Suggestions, and Patient Coaching Approach for a Cavity-Free Mouth

<https://www.mdpi.com/2076-3417/11/12/5472>

6) Retiring the “cleaning lady”: A futuristic approach to treating oral disease

<https://www.rdhmag.com/patient-care/article/14281863/retiring-the-cleaning-lady-a-futuristic-approach-to-treating-oral-disease>